Pampered Chef

Independent Consultant

Our Free Recipe Book

GracefulTouch.org/blog/Free-Gift

Please Like our FB Healthy Kitchen Page @ www.facebook.com/GTHealthyKitchen/



Ingedients

2 cups water 2 cups tomato paste 1/4 cup frozen apple juice concentrate 2 1/2 Tablespoons lemon juice 2 Tablespoons Seasoning Salt

1/2 teaspoon celery seeds 1/2 teaspoon sweet basil

Method

- -Blend all ingredients together until smooth.
- -Place in a saucepan and bring to a boil. Simmer for 20 minutes, stirring occasionally.
- -Chill or serve hot. May freeze.

