

Brown Gravy

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Ingredients

1/2 c. whole wheat pastry flour
1 c. raw cashews/almonds
4 c. water
1 T. Seasoning salt
1 T. Chicken-salt Seasoning
1 tsp. granulated onion (dry granules)

Cooking Instructions

-Toast -whole wheat pastry flour in a dry pan until lightly browned.
-Blend all ingredients until smooth.
-Cook- the blended mixture, stirring frequently.



Call: +1 605-574-1998

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4.9 ★★★★★

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1220 Mt Rushmore
Rd # 1, Rapid City, SD
57701, United States