

Better Butter

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Ingredients

1 1/2 cup hot water
2/3 cup raw blanched almonds
1 1/2 cup hot, cooked millet
A few baby carrots to make
the color right
1 1/2 teaspoon salt
1 teaspoon unsweetened coconut

Instructions

-Place in blender with all other ingredients,
except for carrots which you add little by
-little to adjust the color.
-Blend until very smooth.
-Chill.
-Reblend for improved texture. Calories:
21 per Tablespoon



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4.9 ★★★★★
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