Festive Yam Balls GracefulTouch.org/blog/Free-Gift

Pampered Chef Independent Consultant

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Ingredients

2 cups mashed baked yams

3/4 cup finely crushed whole grain cereal flakes

1/2 cup drained crushed pineapple

1/4 teaspoon coriander or vanilla

2/3 cup chopped, lightly blanched pecans

or roasted almonds

8 slices of canned pineapple

1/2 cup warm (more if needed)

1 teaspoon orange zest

Cooking Instructions

- -Scrub yams well.
- -Bake at 500° for 30 minutes, then 350° until done.
- -Mix the first four ingredients thoroughly.
- -Shape into 8 balls.
- -Roll balls in chopped nuts.
- -Chill for 30 minutes(or freeze until ready to use later).
- -Arrange 8 slices of pineapple in baking dish.
- -Place the yam balls on top.
- -Bake 15 minutes at 375°.
- -Remove from oven and spoon hot orange juice and zest over each mound.
- -Return to oven and bake 5 minutes longer.

