Toasted Almond Cookies GracefulTouch.org/blog/Free-Gift

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Ingredients

2 cups lightly roasted almonds, chopped All the water from 1 can of garbanzos (aquafaba) 1 cup golden coconut sugar 1 teaspoon vanilla powder 1/2 teaspoon xanthum gum 1/2 teaspoon cream of tartar

1/2 teaspoon stevia powder

1/2 teaspoon salt

Instructions

-Whip all the garbanzo water in a Kitchen Aid or similar until you get VERY stiff peaks (time will vary from tool to tool).

-Sift dry ingredients except for almonds.

-Add sifted dry ingredients slowly to whipping aquafaba.

-Remove to a mixing bowel and carefully fold chopped almonds into batter.

-Form into small cookies with a small ice cream scoop taking care to disturb mixture as little as possible to prevent deflating.

-Decorate with sliced almonds

-"Bake" at 135 degrees for 7 hours in a food dehydrator. Yield: 30 cookies Store in freezer or they will "melt".

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