

Flax Crackers II

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Pampered Chef
Independent Consultant



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Ingredients

- 1 cup flax
- 1 1/2 tsp seasoning salt
- 1 cup water
- 2 tablespoons chia seeds
- 2 tablespoons sesame seeds
- 1/4 cup "You'll Like It" Parmesan cheese

Instruction

- Mix all Ingredients together
- Let stand for 5 minutes
- Bake at 180° to 200° for 8 to 10 hours



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